

MARCH 2021

Harvest of the Month - Eggs

The USDA is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Muffin, Cheese Stick & Fruit ************ Cheese Ravioli w/ Veggie Packed Marinara Sauce, Caesar Salad & Fresh Fruit or Garden Salad Box	Oatmeal, Milk & Fresh Fruit ************************************	Cheerios, Milk & Fruit ************ Cheese or Pepperoni Pizza, Garden Salad & Fresh Fruit or Garden Salad Box	4 Breakfast Muffin, Yogurt & Fruit ************ BLT or Veggie Cheddar Sandwich, Veggie Sticks, Potato Chips & Fresh Fruit Smoothie or Garden Salad Box	Oatmeal, Milk & Fresh Fruit
Cheerios, Milk & Fresh Fruit ************* Pasta Carbonara(ish) Pasta, Caesar Salad & Fresh Fruit or Garden Salad Box	9 Breakfast Muffin, Cheese Stick & Fruit ********** Veggie Cheddar Bean Burrito, Citrus Slaw & Fresh Fruit or Garden Salad Box	10 Oatmeal, Milk & Fruit ************ Cheese or Pepperoni Pizza, Garden Salad & Fresh Fruit or Garden Salad Box	11 Cheerios, Milk & Fresh Fruit ************ Hot Dog or Tofu Dog, Sauerkraurt & Potato Salad or Garden Salad Box	12 Breakfast Muffin, Yogurt & Fruit ********** Baked Fish or Tofu Nicoise Salad, Pita Bread & Fresh Fruit or Garden Salad Box
Oatmeal, Milk & Fruit	16 Cheerios, Milk & Fresh Fruit ************ Nachos w/ Butternut Squash Queso, Mexican Street Coen & Fresh Fruit or Garden Salad Box	17 Breakfast Muffin, Cheese Stick & Fruit ************* Cheese or Pepperoni Pizza, Garden Salad & Fresh Fruit or Garden Salad Box	18 Oatmeal, Milk & Fresh Fruit ************ Roasted Chicken or Mixed Veggies Panzanella Salad & Fresh Fruit Smoothie or Garden Salad Box	19 Cheerios, Milk & Fresh Fruit *********** Fishcakes, Mixed Green Salad & Fresh Fruit or Garden Salad Box
Preakfast Muffin, Yogurt & Fruit *************** Mac-n-Cheese, Steamed Garden Peas, Bread Stick & Fresh Fruit or Garden Salad Box	23 Oatmeal, Milk & Fresh Fruit *********** Pork Chili Verde, Corn Bread, Veggie Sticks & Fresh Fruit or Garden Salad Box	24 Cheerios, Milk & Fresh Fruit *********** Cheese or Pepperoni Pizza, Garden Salad & Fresh Fruit or Garden Salad Box	25 Breakfast Muffin, Cheese Stick & Fruit ***** Veggie Cheddar Quiche, Mixed Green Salad & Fresh Fruit or Garden Salad Box	26 Oatmeal, Milk & Fresh Fruit ********** Tuna Melt or Veggie Melt, Coleslaw, Potato Chips & Fresh Fruit or Garden Salad Box
Cheerios, Milk & Fresh Fruit ************************************	30 Breakfast Muffin, Yogurt & Fruit ********** Beef or Veggie Tacos, Shredded Lettuce, diced Tomatoes & Cheddar or Garden Salad Box	Oatmeal, Milk & Fruit *********** Cheese or Pepperoni Pizza, Garden Salad & Fresh Fruit or Garden Salad Box	1	2

News

Menu is subject to change.

Please specify vegetarian or gluten free option when necessary.

Please notify kitchen staff of any food allergies when ordering.

Up Island
Schools online
lunch order form
https://www.wtis-buryschool.org